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# Thomas Strong

## Film CV

### Contact

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Linkedin: [Tom Strong LinkedIn Profile](#)

Portfolio: [tomstrong.co.uk](http://tomstrong.co.uk)

### Skills

- Problem Solving
- Fast Learner
- Communication
- Time Management
- Creativity
- Teamwork
- Steadicam
- Stage Lighting Experience
- First Response Qualified
- Valid DBS Certificate
- Full UK Drivers License

### Experience

#### Cinematographer, Freelance

*November 2022 – Present*

Filming for clients in the local area whilst learning from first-hand experiences

#### “Brooker” Student Film – DOP + Producer

*May 2024*

Led a small crew in filming a short sports documentary on an upcoming GB swimmer attempting to qualify for their first Olympics in Paris 2024.

- **Visual Storytelling:** Translating a shooting script into a visually compelling narrative which connects with the audience emotionally.

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- **Resourcefulness:** Finding creative solutions within project constraints. Most notably budget limitations and safeguarding concerns.

## Education

**Creative Media Production for Film and TV** – L3 Extended Diploma – The Henley College, Oxfordshire

*September 2022 – July 2024*

Grade: Distinction (Equivalent to A\*A\*A\*)

**First Response Emergency Care (FREC3)** – Quallsafe Level 3 (RQF)

*June 2024*

## Other Work

**Blue Web Network** – Director of Photography Department Leader

*December 2024 – Present*

**Places Leisure, Wycombe Leisure Centre** – Lifeguard & Front of House

*May 2022 – Present*

- **Communication:** Maintaining a positive interaction with customers both on poolside and at the front desk.
- **Teamwork:** Working as part of a lifeguard team to keep pool users safe and work together in the event of an emergency.
- **Time management:** Balancing work shifts whilst juggling multiple projects for education.

## Equipment Proficiency

Camera Systems: Sony, Canon, Blackmagic

Camera Equipment: Tripod, Gimbal, Focus Puller, Dolly, Jib, Steadicam

Lighting & Sound: Boom, C-Stand, Flags, Haze, Scrim, Duvetyne

Editing Software: Avid Media Composer, Adobe Premiere Pro, Davinci Resolve Studio

## Reference

Available upon request